

Personal Training



45 Minute Individual Sessions

	Per Session	Total
1 Session	\$40 ea.	\$40
5 Sessions	\$35 ea.	\$175
10 Sessions	\$30 ea.	\$ 300

30 Minute Individual Sessions

	Per Session	Total
1 Session	\$25 ea.	\$25
5 Sessions	\$23 ea.	\$115
10 Sessions	\$20 ea.	\$200

**Buy 20 sessions or more for only \$15 per session.



Get Fit, Stay Fit!

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